



# SUBSTANCE MISUSE RESOURCE GUIDE

Do you or someone you know need emergency, treatment, or recovery services related to substance misuse? This resource guide includes crisis, treatment, recovery, counseling, harm reduction, housing, and employment resources for individuals experiencing or in recovery from substance use disorder.

**Fall 2019**

## Table of Contents

Crisis Resources .....	1
Shelters.....	2
Food & Nutrition .....	3
Substance Use Disorder & Addiction Treatment.....	6
Recovery Support .....	11
Counseling .....	14
Harm Reduction .....	18
Medication Disposal .....	19
Transitional Living & Housing .....	20
Employment, Education & Training .....	23

This list of services available in the Anchorage Municipality is not an endorsement, nor is it all-inclusive.

## **Crisis Resources**

**Emergency: 9-1-1**

**Statewide Health and Human Services Referrals: 2-1-1**

**Poison Control: 800-222-1222**

**US Department of Veterans Affairs Veterans Crisis Line: 800-273-8255**

**National Domestic Violence Hotline: 800-799-7233**

**Standing Together Against Rape (STAR) Crisis Line: 907-276-7273**

**Abused Women's Aid in Crisis (AWAIC) Hotline: 907-272-0100**

**Adult Protective Services: 907-269-3666**

**Child Protective Services: 1-800-478-4444**

**Fallen Up Ministries Substance Misuse Crisis Line: 907-815-SAVE**

**Providence Behavioral Health Crisis Line: 907-563-3200**

**Careline Mental Health and Suicide Prevention Hotline: 800-273-8255**

*Text 4 Help to 839863 (Tuesday-Saturday 3pm-11pm)*

**The Trevor Project Lifeline Suicide Prevention for LGBTQ+ Youth: 866-488-7386**

## Shelters

<b>Anchorage Gospel Rescue Mission</b> 2823 Tudor Rd, Anchorage <i>Shelter for single men and women, faith-based recovery program for men, six month shelter accommodation for women returning to the workforce or transitioning to permanent housing.</i>	907-563-5603
<b>Abused Women's Aid in Crisis (AWAIC)</b> 100 W 13 <sup>th</sup> Ave, Anchorage <i>Shelter and support for victims of domestic violence.</i>	907-279-9581
<b>Bean's Café Day Shelter</b> 1101 E 3 <sup>rd</sup> Ave, Anchorage <i>Day shelter for homeless individuals.</i>	907-433-8600
<b>Brother Francis Shelter</b> 1021 E 3 <sup>rd</sup> Ave, Anchorage <i>Shelter for single men and women.</i>	907-277-1731
<b>Clare House</b> 4110 Spenard Rd, Anchorage <i>Shelter for pregnant women and women with children.</i>	907-563-4545
<b>Covenant House</b> 755 A St, Anchorage <i>Shelter and other supportive services for homeless youth.</i>	907-272-1255
<b>Hope Center</b> 240 E 3 <sup>rd</sup> Ave, Anchorage <i>Women's cold weather shelter, dinner provided.</i>	907-277-4302
<b>Salvation Army McKinnell House</b> 1712 A St, Anchorage <i>Shelter for families with children.</i>	907-276-1609
<b>Willa's Way</b> 4501 Diplomacy Dr, Anchorage <i>Shelter and other services for Alaska Native/American Indian women and children victims of domestic violence.</i>	907-729-4955

## Food & Nutrition

- Anchorage Gospel Rescue Mission** 907-563-5603  
2823 E Tudor Rd, Anchorage  
*Meals served Monday-Sunday 6:00-6:45am & 4:30-6:15pm. Must be able to pass breathalyzer.*
- Anchorage Northside SDA Church** 907-278-6276  
204 W 10<sup>th</sup> Ave, Anchorage  
*Food pantry open Wednesdays 5:00-6:30pm.*
- Bean's Café** 907-274-9595  
1101 E 3<sup>rd</sup> Ave, Anchorage  
*Meals served 365 days/year: Monday-Friday 8:00am-9:00am & 12:00pm-1:00pm, Saturday-Sunday 9:00-10:00am & 1:00pm-2:00pm. Hours extended during holidays. Meals provided to local community programs serving children before and after school and during the summer.*
- Centennial Village Mobile Food Pantry** 907-272-3663  
9131 Centennial Dr., Anchorage  
*Food pantry open 3<sup>rd</sup> Wednesday of the month at 2:00pm*
- Chugiak/Eagle River Food Pantry** 907-694-5228  
12836 Old Glenn Hwy, Eagle River  
*Food pantry open 10am-1pm Mondays and Fridays, 5:30-7:30pm Tuesdays. Special food distribution in parking lot Saturday 1:00-2:00pm.*
- Church of the Nations**  
810 E 9<sup>th</sup> Ave, Anchorage  
*Food pantry open Sundays 3:00-5:00pm.*
- Covenant House** 907-272-1255  
755 A St, Anchorage  
*Food provided for homeless youth.*
- Crosspoint Community Church Mobile Food Pantry**  
1920 W Dimond Blvd, Anchorage (*in back of the building*)  
*Food pantry open 3<sup>rd</sup> Thursday of the month at 5:00pm.*
- Division of Public Assistance: Food Stamps** 907-269-6599  
400 Gambell St, Anchorage  
*Call to learn about food stamps and eligibility.*

**Downtown Soup Kitchen Hope Center**

907-277-4302

240 E 3<sup>rd</sup> Ave, Anchorage

*Soup kitchen open Monday-Friday 12:00-1:30pm, Feed Me Hope Bakery and Culinary School vocational training programs.*

**Fairview Rec Center Mobile Food Pantry**

1121 E 10<sup>th</sup> Ave, Anchorage

*Food pantry open 2<sup>nd</sup> and 3<sup>rd</sup> Saturday of the month at 2:00pm.*

**First CME Church Mobile Food Pantry**

3600 MacInnes St, Anchorage

*Food pantry open 1<sup>st</sup> and 4<sup>th</sup> Saturday of the month at 2:00pm.*

**Friends in Serving Humanity (F.I.S.H.)**

907-277-0818

*Call the F.I.S.H. line for food assistance, food will be bought, packaged, and delivered directly. Can be used only once per month.*

**Girdwood Chapel**

907-783-0127

102 Heavenly Valley Dr, Girdwood

*For Girdwood residents only. One Sunday per month 2:00-4:00pm.*

**Jewel Lake Church of the Nazarene Mobile Food Pantry**

4025 W 88<sup>th</sup> Ave, Anchorage

*Food pantry open Saturdays at 10:00am.*

**Latino Lions**

907-561-3680

4233 Mountain View Dr, Anchorage

*Food pantry open 3<sup>rd</sup> Saturday of the month 10:00am-1:00pm.*

**Lutheran Church of Hope Mobile Food Pantry**

1847 W Northern Lights Blvd, Anchorage

*Food pantry open Tuesdays at 5:00pm.*

**Lutheran Social Services**

907-272-0643 x14

1303 W 33<sup>rd</sup> Ave, Anchorage

*Food pantry open Tuesday, Thursday, Friday 1:00-4:00pm & Wednesday 4:00-7:00pm. Can only be used once per month.*

**Martin Luther King Jr. Foundation/Shiloh Mission**

907-770-9846

1928 Juneau St, Anchorage

*Food pantry open Saturdays 8:00-10:00am. Not open the 5<sup>th</sup> Saturday of the month.*

**Mountain Coast Vineyard**

907-891-1156

2511 Sentry Dr, Anchorage

*Food pantry open 3<sup>rd</sup> Saturday of the month 9:00-11:00am.*

**Mountain View Mobile Food Pantry**

333 N Price St, Anchorage

*Food pantry open Fridays at 5:00pm.*

**Muldoon Community Assembly Mobile Food Pantry**

1005 Ermine Rd, Anchorage

*Food pantry open Wednesdays at 9:30am.*

**Municipality of Anchorage WIC**

825 L St. Suite 204: 907-343-4668

4320 Diplomacy Dr, Alaska Native Medical Center: 907-343-4440

9497 20<sup>th</sup> St, Arctic Oasis Building JBER Military Base: 907-343-4430

12001 Business Blvd. Suite 137, Eagle River: 907-343-1520

*Clinics are open Monday, Tuesday, Thursday, Friday 9:15am-5:15pm, Wednesday 1:00-5:15pm  
(closed Monday-Friday from 1:00-1:30pm).*

**New Hope Compassionate Ministries**

907-274-4673

1220 E St, Anchorage

*Food pantry open Tuesdays 10:30am-1:00pm.*

**Open Door Mission**

907-677-3630

2600 E 16<sup>th</sup> Ave, Anchorage

*Food pantry open Tuesdays 3:30-5:00pm.*

**Salvation Army Family Emergency Services**

907-277-2593

1712 A St, Anchorage

*Food pantry open Tuesday-Friday 1:30-4:30pm.*

**Sonrise Community Church**

300 N Bragaw St, Anchorage

*Meal served Sundays 11:00am, food pantry open 2<sup>nd</sup> and 4<sup>th</sup> Sunday of the month at 11:00am.*

*Must come at 11:00am and sign up.*

**St. Francis House Food Pantry**

3710 E 20<sup>th</sup> Ave, Anchorage

*Food pantry open Monday-Thursday 9:00am-1:00pm and 4<sup>th</sup> Wednesday of the month 4:00-6:30pm.*

**Voice of Christ JCCAK Food Pantry**

1120 E. 13th Ave, Anchorage

*Wednesday 5:00-7:00pm and second and last Saturday*

## **Substance Use Disorder & Addiction Treatment**

**Aeon** 907-562-4606

4325 Laurel St, Anchorage

*Outpatient and intensive outpatient treatment for children, young adults, and adults. Cash or self-payment required, do not take Medicaid.*

**Akeela, Inc.** 907-565-1200

360 W Benson Blvd, Anchorage

<http://www.akeela.us/>

*General and intensive outpatient services, residential program for women with children, mental health and substance use disorder assessment and referral to treatment, transitional housing for clients coming out of treatment programs, case management for families under OCS supervision, individual and group counseling and rehabilitation.*

**Alaska Regional NEST Program** 907-276-1131

2801 Debarr Rd, Anchorage

<https://alaskaregional.com/service/the-nest-program>

*A program for babies born with Neonatal Abstinence Syndrome and their families. Medical management of baby's withdrawal symptoms, supportive detox, treatment, counseling, and family support services offered.*

**Alaska VA Healthcare System** 907-273-4011

1201 N Muldoon Rd, Anchorage

<https://www.alaska.va.gov/>

*Medication assisted treatment for opioid use disorder and addiction for veterans.*

**Alaska Wisdom Recovery** 907-562-4540

401 W International Airport Rd. Suite 27, Anchorage <http://www.alaskawisdomrecovery.com/>

*Assessment, individual and group therapy, in-house 12 step meetings, relapse prevention services.*

**Aleutian Pribilof Islands Association** 907-222-9764

1131 E International Airport Rd, Anchorage

<https://www.apiai.org/services/health-care/behavioral-health/>

*Intensive outpatient program, psychological assessments, telebehavioral health services, tobacco cessation counseling, nicotine replacement therapy, counseling, Alcohol and Drug Information School.*



**Algone Clinic** 907-770-1152  
4001 Dale St. #105, Anchorage <http://www.algonealaska.com/ADDICTION-TREATMENT/>

*Medication assisted treatment for opioid use disorder and alcohol use disorder, nicotine cessation assistance, the bridge device.*

**Alyeska Counseling Group, LLC** 907-782-4553  
701 W 41st Ave Suite 104, Anchorage  
<http://alyeskacounselinggroup.com/>

*Assessment, substance misuse counseling, and outpatient treatment for adults.*

**Anchorage Treatment Solutions** 866-837-4791  
121 W Fireweed Ln. Suite 105, Anchorage  
<https://www.anchoragectc.com/>

*Medication assisted treatment for opioid use disorder (Methadone and Buprenorphine).*

**CHOICES Inc** 907-333-4343  
1231 Gambell St Suite 300, Anchorage  
<http://choices-ak.org/icm/>

*Intensive case management and outpatient substance use disorder treatment services for individuals experiencing severe and persistent mental illness, co-occurring substance use disorder, and other behavioral health conditions.*

**Chris Kyle Patriots Hospital North Star Behavioral Health** 907-258-7575  
1650 Bragaw St, Anchorage  
<https://chriskylepatriotshospital.com/>

*Treatment for first responders, military service members and veterans 18 and older. Services include assessments, individual, family and group therapy, family support and education classes, detoxification.*

**Clare Swan Outpatient (Cook Inlet Tribal Council)** 907-793-3200  
1835 Bragaw St. Suite 350, Anchorage  
<https://citci.org/recovery/claire-swan-outpatient-program/>

*Outpatient and intensive outpatient services for individuals with substance use disorders. Assessments, counseling, case management, continued MAT support, and support groups.*

**Dena A Coy (Southcentral Foundation)** 907-729-5070

4130 San Ernesto Ave, Anchorage

<https://www.southcentralfoundation.com/services/behavioral-health/dena-a-coy/>

*Residential treatment program for pregnant, parenting and non-parenting women with problematic drug or alcohol use and emotional or psychological issues. Services including counseling, relapse prevention, and community recovery skills.*

**Discovery Cove Recovery and Wellness Center** 907-694-5550

11901 Business Blvd, Eagle River

<https://www.discoverycovealaska.com/>

*Outpatient and intensive outpatient treatment for substance use disorder, including medication assisted treatment.*

**Ernie Turner Center (Cook Inlet Tribal Council)** 907-668-1750

30881 Eklutna Lake Rd, Anchorage

<https://citci.org/recovery/etc-residential-inpatient/>

*16-bed residential inpatient program for individuals with addiction and/or mental health disorders recommended for inpatient treatment. Clare Swan outpatient and intensive outpatient services for Alaska Native individuals. Peer support group open to anyone in recovery.*

**Four Directions Outpatient (Southcentral Foundation)** 907-729-6300

4000 Laurel St, Anchorage

<https://www.southcentralfoundation.com/services/behavioral-health/four-directions-outpatient/>

*Substance misuse and dual diagnosis assessments, individual counseling, and group counseling for adults.*

**Genesis Recovery, Inc.** 907-243-5130

2825 W 42<sup>nd</sup> Ave, Anchorage

<https://www.genesisrecovery.org/>

*Assessments and referrals, outpatient and residential treatment, substance misuse counseling, 24-hour monitored care, transitional living, family treatment for adults.*

**Ideal Option** 877-522-1275

2421 E Tudor Rd. Suite 108, Anchorage

<https://idealoption.net/>

*Medication assisted treatment in combination with behavioral health services for opioid use disorder and alcohol use disorder.*

**Insight Therapy LLC**

907-677-8942

600 Cordova St. Suite 6, Anchorage

<http://www.insightalaska.com/>

*Substance misuse assessment, cognitive behavioral health therapy for substance misuse, counseling for adults.*

**Jett Morgan Treatment Services, LLC**

907-677-7709

400 W Tudor Rd, Anchorage

<https://www.jettmorgan.com/>

*Substance misuse assessment, mental health evaluations, and intensive outpatient treatment services for individuals 18 and older. Priority admission to pregnant women, people who inject drugs, and clients that are HIV positive.*

**Ma's Way**

907-884-5350

3601 Lois Dr, Anchorage

[www.masway.org](http://www.masway.org)

*Substance misuse assessment, mental health support and diagnostic services, case management, intensive outpatient programs.*

**Mountain Minds Matter**

907-382-6477

273 Crystal Mountain Rd Suite 3, Girdwood

*Outpatient treatment for adults with substance use disorder. Counseling, cognitive behavioral therapy, and programs for individuals with co-occurring substance use disorder and mental health issues.*

**Narcotic Drug Treatment Center**

907-276-6430

520 E 4<sup>th</sup> Ave, Anchorage

<http://www.ndtcak.org/>

*Medication assisted treatment for opioid use disorder, individual and group counseling, medical, educational, and nutritional and referral services.*

**Providence Breakthrough**

907-212-6970

3760 Piper St. Suite 1108, Anchorage

<https://alaska.providence.org/services/b/breakthrough>

*Outpatient, intensive outpatient, and partial hospitalization treatment for substance use disorder for individuals 18 and older. Medication assisted treatment, pregnant mother program, family education and support program.*

**Renew Your Mind**

907-222-5464

123 E Fireweed Ln. Suite 212

*Outpatient, intensive outpatient treatment for substance use disorders. Screening, counseling, and behavioral therapy for adults with substance use disorder.*

**Salvation Army Clitheroe Center**

907-770-8812

3600 E 20<sup>th</sup> Ave, Anchorage<https://clitheroe.salvationarmy.org/>

*42-bed inpatient residential and outpatient treatment for adults with substance use disorder. Treatment for individuals with co-occurring mental health and substance use disorders.*

**Southcentral Detox (formerly Ernie Turner Center Detox)**

907-729-6690

4330 Elmore Rd, Anchorage

<https://www.southcentralfoundation.com/detox/>

*14-bed detox program open to all Alaska Native and non-Native residents ages 18 and older. 24-hour medical supervision, priority given to pregnant women, individuals injecting drugs, and customers with a confirmed treatment bed.*

**Tutan Recovery Services**

907-563-0555

3001 Porcupine Dr, Anchorage

<http://www.tutanrecovery.com/>

*Faith based substance misuse treatment program that offers assessments, adult and youth alcohol/drug information school prevention education, outpatient and intensive outpatient services.*

**Volunteers of America Alaska**

907-279-9640

2600 Cordova St, Anchorage

<https://www.voak.org/>

*Assessments, inpatient (24-bed ARCH facility in Eagle River for ages 13-18) and outpatient (Assist program at the main office for ages 12-14) treatment services for adolescents.*

## Recovery Support

**Alaska Mental Health Consumer Web** 907-222-2980

1248 Gambell St, Anchorage

<https://www.theweb.ngo/>

*Weekly support group meetings, peer mentoring, recovery support groups, housing and employment support services. Open Monday-Friday 8:30am-5:00pm, Saturday 10:00am-4:00pm.*

**Alaska Women's Recovery Project (Southcentral Foundation)** 907-729-5190

4155 Tudor Centre Dr. Suite 205, Anchorage

<https://www.southcentralfoundation.com/services/behavioral-health/awrp/>

*Weekly support gatherings, skill-building workshops, peer leadership development, clothing closet and other services for women whose lives have been disrupted by alcohol and other drug use disorders and co-occurring mental health disorders.*

**Alcoholics Anonymous** 907-272-2312

[www.anchorageaa.org](http://www.anchorageaa.org)

*Regular meetings at Alano Club, 3103 Spenard Rd. and Dry Dock, 8141 Briarwood St. Call or check the website for updated meeting information.*

**Be (You)**

<http://beyoualaska.com/>

*A statewide media campaign created by the Alaska Wellness Coalition that seeks to prevent and reduce underage drinking among youth in Alaska. Media campaign on Facebook, Instagram, and YouTube.*

**Bridges 2 Recovery** 907-290-8032

<http://bridges2recovery.org/index.html>

*A grassroots Alaskan organization that works to remove the social stigma associated with addiction treatment and recovery. Hosts a weekly internet podcast show that tells personal stories of addiction and recovery.*

**Cook Inlet Tribal Council Alumni Support Group** 907-793-3433

[www.defendersofsobriety.org](http://www.defendersofsobriety.org)

*Defenders of Sobriety is a support group for alumni of any CITC program. Monthly activity nights the 2nd Thursday of each month and support group meetings the 1st and 3rd Monday of each month.*

**Cook Inlet Tribal Council Peer Support Network** 907-793-3221

3600 San Jeronimo Dr. RCC Room #1, Anchorage

<https://citci.org/recovery/peer-support-network/>

*Support group for individuals recovering from substance addiction. Meets every other Thursday from 6:00-7:30pm. Open to anyone in the community.*

**Day 001: Voices of Recovery**

<https://www.day001.org/>

*An eight-part video and radio series that celebrates true stories of Alaskans overcoming alcohol addiction produced by Recover Alaska and KNBA.*

**Living with Hepatitis C Support Group**

907-729-1558

Alaska Native Tribal Health Consortium, 4000 Ambassador Dr, Anchorage

*Meets the second Tuesday of every month at 5:00pm.*

**Narcotics Anonymous**

907-277-5483

<https://www.akna.org/>

*Regular meetings throughout Anchorage. Call or check the website for updated meeting information.*

**Recover Alaska**

907-249-6645

<https://recoveralaska.org/>

*Resources on screening, treatment, and recovery from alcohol addiction.*

**Tutan Recovery Services**

907-563-0555

<http://www.tutanrecoveryservices.com/mentor-program>

*A mentor program for individuals who have completed a substance use program.*

**Your Personal Recovery**

<http://www.yourpersonalrecovery.com/>

*Recovery support for individuals and families.*

Support for Families:

**Al-Anon**

907-276-6646

<https://al-anon-ak.org/>

*Regular meetings for families of people with addictions to alcohol. Call or check website for meeting times and locations.*

**Alateen**

907-227-5742

<https://al-anon-ak.org/alateen/>

*A support group for youth ages 7-19 affected by family members or friends with addictions to alcohol. Call or check website for meeting times and locations.*

**Al-Anon/Alateen Bookstore**

907-276-6646

4105 Turnagain Blvd. Suite D1, Anchorage

*Open Saturdays 12:30-3:00pm.*

**Alaska Wisdom Recovery**

907-562-4540

<http://www.alaskawisdomrecovery.com/index.html>

*Family education groups on addiction, recovery, and supporting your loved one.*

**REAL About Addiction**

907-440-7289

2300 Oak Dr, Anchorage

[www.realaboutaddiction.net](http://www.realaboutaddiction.net)

*Support group for family members of people with substance use disorder. Meets second and last Sunday of the month from 4:00-6:00pm.*

## Counseling

- Abused Women's Aid in Crisis (AWAIC)** 907-279-9581  
100 W 13<sup>th</sup> Ave, Anchorage  
[www.awaic.org](http://www.awaic.org)  
24 Hour Crisis Hotline: 907-272-0100  
*Crisis intervention and hotline, case management and advocacy, housing and legal supports.*
- Alaska Veterans Affairs Healthcare System** 907-257-4854  
1201 N Muldoon Rd, Anchorage  
<https://www.alaska.va.gov/services/mentalhealth.asp>  
*Mental health services for veterans, including treatment for PTSD, addictive behaviors, depression, relationship problems, stress, etc. Provide outreach to homeless veterans.*
- Alaska Youth Advocates** 907-929-2633  
704 W 26<sup>th</sup> Ave, Anchorage  
<http://www.akyouthadvocates.org/>  
*Teen center and clinic that provide a safe space for teens to hang out as well as mental health services, peer support, and case management services.*
- Alaska Youth & Family Network** 907-770-4979  
740 Communications Ave, Anchorage  
[www.ayfn.org](http://www.ayfn.org)  
*Youth support groups, parent support groups, one-on-one family support services.*
- Anchorage Behavioral Health Clinic (Providence Medical Group)** 907-212-6900  
3760 Piper St, Anchorage  
[www.alaska.providence.org/services/b/behavioral-health](http://www.alaska.providence.org/services/b/behavioral-health)  
*Outpatient mental health services for children, adolescents and adults. Individual and group therapy services, testing, diagnostic interviews, and medication management.*
- Anchorage Community Mental Health Services, Inc.** 907-563-1000  
4020 Folker St, Anchorage  
[www.acmhs.com](http://www.acmhs.com)  
*Crisis Intervention, family therapy, individual mental health counseling.*
- Anchorage Vet Center** 907-563-6966  
4400 Business Park Blvd. Suite B-34, Anchorage  
*Counseling and support services provided by the Veterans Administration for war veterans. Open Monday 8:00am-7:00pm, Tuesday-Friday 8:00am-4:30pm.*



- Birchwood Behavioral Health** 907-349-2222  
1600 O'Malley Road, Anchorage  
[www.bbhalaska.com](http://www.bbhalaska.com)  
*Counseling, case management, educational support services, residential and outpatient program.*
- Cornerstone Recovery Clinic** 907-339-8760  
1825 Academy Dr, Anchorage  
<https://www.cornerstonerecoveryclinic.org/>  
*Evaluation and counseling for substance use disorder. Individual and group counseling sessions offered. Group sessions meet Tuesdays and Thursdays 5:30-8:30pm.*
- Counseling Solutions of Alaska** 907-644-8044  
701 E Tudor Rd, Anchorage / 11901 Business Blvd, Suite 105A, Eagle River  
<http://www.counselingsolutionsak.com/>  
*Psychiatric evaluation and medication management, counseling for adults, children and families, wellness yoga.*
- Covenant House** 907-272-1255  
755 A St, Anchorage  
[www.ak.covenanthouse.org](http://www.ak.covenanthouse.org)  
*Youth shelter with wellness center that offers access to mental health clinicians and referrals to community health services.*
- Demming Counseling Services** 907-561-3171  
2550 Denali St, Suite 1608, Anchorage  
[www.demmingcounseling.com](http://www.demmingcounseling.com)  
*Cognitive behavioral therapy, relationship counseling, family therapy, child and teen counseling.*
- Denaa Yeets' (Southcentral Foundation)** 907-729-5260  
4320 Diplomacy Dr, Suite 1411, Anchorage  
<https://www.southcentralfoundation.com/services/behavioral-health/denaa-yeets/>  
*Specialized support, case management, and referral to behavioral health programs for Alaska Native and American Indian adults at risk for suicide and their families.*
- Denali Family Services** 907-222-2321  
1251 Muldoon Rd. Suite 116 / 6401 A St, Anchorage  
<http://www.denalifs.org/>  
*Intensive behavioral and emotional health services for children and their families. Individual, family, and group psychotherapy services in combination with intensive care coordination and rehabilitation services for children with mental illness and their families.*

- Fireweed Clinic and ANPCC (Southcentral Foundation)** 907-729-2500  
 4341 Tudor Center Dr, Anchorage  
<https://www.southcentralfoundation.com/services/behavioral-health/fireweed-anpcc/>  
*Crisis intervention, case management, psychiatric evaluation, psychotherapy services. Groups and specialized programs available.*
- Money Management International** 866-889-9347  
 417 Barrow St, Anchorage  
[www.moneymanagement.org](http://www.moneymanagement.org)  
*24/7 counseling over the phone, in-person counseling available for economic and financial challenges.*
- Quyana Clubhouse (Southcentral Foundation)** 907-729-6550  
 4315 Diplomacy Dr, Anchorage [www.southcentralfoundation.com/services/behavioral-health/quyana-clubhouse/](http://www.southcentralfoundation.com/services/behavioral-health/quyana-clubhouse/)  
*Counseling, case management, skill development, primary care services, and other support services for Alaska Native adults aged 21 and older with severe and persistent mental illness.*
- Resolution Services Counseling and Wellness Office** 907-770-7769  
 401 E Northern Lights Suite 205, Anchorage  
<http://www.resolutionak.com/Home.html>  
*Outpatient counseling and case management services for adults with substance misuse problems.*
- Standing Together Against Rape (STAR)** 907-276—7279  
 1057 W Fireweed Ln, Anchorage  
[www.staralaska.com](http://www.staralaska.com)  
 Local Crisis Line: 907-276-7273  
*Crisis hotline and counseling for victims of sexual assault and abuse and their families.*
- The Arc of Anchorage** 907-277-6677  
 2211 Arca Dr, Anchorage  
[www.thearcofanchorage.org](http://www.thearcofanchorage.org)  
*Behavioral health services for children and adults with a mental illness or severe emotional disturbance in combination with a developmental disability.*
- The Pathway Home (Southcentral Foundation)** 907-729-5020  
 4000 San Ernesto Ave, Anchorage  
*Individualized mental health program for Alaska Native adolescents 13-18 years old.*

**U-Med Clinic (Providence Medical Group)**

907-212-2673

3260 Providence Dr, C Tower Suite 537, Anchorage

[www.alaska.providence.org/services/b/behavioral-health](http://www.alaska.providence.org/services/b/behavioral-health)

*Outpatient mental health services for children, adolescents and adults. Individual and group therapy services, testing, diagnostic interviews, and medication management.*

**Victims for Justice**

907-278-0977

1057 W Fireweed Ln, Suite 101, Anchorage

[www.victimsforjustice.org](http://www.victimsforjustice.org)

*Support services, emotional support, and support groups for victims of traumatic events and their families. Do not offer therapeutic counseling but can connect clients to these services.*

## Harm Reduction

Narcan is available at the following locations:

**Alaska Office of Substance Misuse and Addiction Prevention: Project HOPE**

Email [ProjectHOPE@alaska.gov](mailto:ProjectHOPE@alaska.gov)

**Alaskan AIDS Assistance Association (Four A's)**

907-263-2050

1057 W Fireweed Ln, Anchorage

**Alaska Regional Hospital**

907-276-1131

2801 Debarr Rd, Anchorage

**Providence Hospital**

907-212-3111

3200 Providence Dr, Anchorage

**REAL About Addiction & Anchorage Opiate Task Force**

907-440-7289

<https://realaboutaddiction.net/>

Needle services (needle exchange) are available at the following locations:

**Alaskan AIDS Assistance Association (Four A's)**

907-263-2050

1057 W Fireweed Ln, Anchorage

*Needle exchange on Fireweed is open Tuesdays and Thursdays 3:00-6:00pm. Location and hours of mobile exchange are subject to change. Stay up to date on the website: [www.alaskanAIDS.org](http://www.alaskanAIDS.org).*

**Alaska Native Medical Center Pharmacy**

907-729-2117

4315 Diplomacy Dr, Anchorage

*This service is available to Alaska Natives only. Pharmacy is open every day 8:00am-8:00pm, Wednesdays 9:00am-8:00pm.*

## Medication Disposal

Medication drop boxes are available at the following locations:

**Alaska Native Medical Center** 855-482-4382  
4315 Diplomacy Dr, Anchorage

**Anchorage Neighborhood Health Center** 907-743-7200  
4951 Business Park Blvd, Anchorage

**Providence Hospital** 907-562-2211  
3200 Providence Dr, Anchorage

**Joint Base Elmendorf-Richardson (JBER) Medical Service** 907-580-2778  
5955 Zeamer Ave, JBER

Locations where free drug disposal bags are available:	Pharmacies that offer free drug disposal bags:
<p><b>Anchorage Health Department</b> 825 L Street, Anchorage</p> <p><b>Anchorage Waste Water Utility</b> 3000 Arctic Blvd, Anchorage</p> <p><b>City Hall</b> 632 W 6th Ave, Anchorage</p> <p><b>Eagle River Library</b> 12001 Business Blvd, Eagle River</p> <p><b>Girdwood Library</b> 250 Egloff Dr, Girdwood</p> <p><b>Loussac Library</b> 3600 Denali St, Anchorage</p> <p><b>Muldoon Library</b> 1251 Muldoon Rd. #158, Anchorage</p> <p><b>Volunteers of America</b> 2600 Cordova St, Anchorage</p>	<p><b>Carrs Pharmacy:</b></p> <ul style="list-style-type: none"> <li>• 1340 Gambell St.</li> <li>• 5600 Debarr Rd.</li> <li>• 1501 Huffman Rd.</li> <li>• 4000 W Dimond Blvd.</li> <li>• 7731 E Northern Lights Blvd.</li> <li>• 1725 Abbott Rd.</li> <li>• 11409 Business Park Blvd, Eagle River</li> </ul> <p><b>CVS Pharmacy:</b></p> <ul style="list-style-type: none"> <li>• 1200 N Muldoon Rd.</li> <li>• 150 W 100th Ave.</li> </ul> <p><b>Fred Meyer Pharmacy:</b></p> <ul style="list-style-type: none"> <li>• 7701 Debarr Rd.</li> <li>• 2300 Abbott Rd.</li> <li>• 2000 W Dimond Blvd.</li> <li>• 13401 Old Glenn Hwy, Eagle River</li> </ul> <p><b>Providence Medical Arts Pharmacy</b></p> <ul style="list-style-type: none"> <li>• 3300 Providence Dr. #101</li> </ul> <p><b>Walgreens Pharmacy:</b></p> <ul style="list-style-type: none"> <li>• 1470 W Northern Lights Blvd.</li> <li>• 7600 Debarr Rd.</li> <li>• 12405 Brandon St.</li> <li>• 2197 W Dimond Blvd.</li> <li>• 2550 E 88th Ave.</li> <li>• 12051 Old Glenn Hwy, Eagle River</li> </ul> <p><b>Family Pharmacy, Eagle River</b></p> <ul style="list-style-type: none"> <li>• 11432 Business Blvd #10, Eagle River</li> </ul>

## Transitional Living & Housing

<b>325 East Third Ave</b> 325 E 3 <sup>rd</sup> Ave, Anchorage <i>Permanent supportive housing for individuals experiencing homelessness and mental and physical disabilities.</i>	907-865-7500
<b>Akeela Transitional Housing</b> <i>14 apartments with 29 bedrooms for drug and alcohol free clients coming out of Akeela treatment programs. Clients are supported with a case manager.</i>	907-565-1200
<b>CHOICES Inc</b> 1231 Gambell St Suite 300, Anchorage <i>Housing first options through assertive community treatment, intensive case management for individuals with severe mental illness and/or co-occurring substance use disorder.</i>	907-333-4343
<b>Clare House Progressive Housing Program</b> 4110 Spenard Rd, Anchorage <i>Progressive housing program for women with children experiencing homelessness. Families pay reduced rent and can stay for up to two years. Family support staff connect clients to resources and help find permanent housing.</i>	907-563-4545
<b>Cook Inlet Tribal Council Recovery &amp; Reentry Program</b> 3149 Mountain View Dr, Anchorage <i>Eight month residential work training and communal living program for men. After completion of the program, participants can move into supportive housing.</i>	907-793-3427
<b>Genesis Recovery Services, Inc.</b> 2825 W 42 <sup>nd</sup> Ave, Anchorage <i>Sober living and transitional housing for individuals experiencing substance use disorder, dual diagnosis, lack of safe housing, and family dysfunction.</i>	877-352-1126
<b>Harmony House</b> 100 W 13 <sup>th</sup> Ave, Anchorage <i>Transitional housing for women without dependent children who are victims of domestic violence and have a source of income.</i>	907-279-9581
<b>Henry House</b> 545 E 4 <sup>th</sup> Ave, Anchorage <i>Transitional housing for men with mental illness, drug and alcohol free, sliding fee scale.</i>	907-274-5253

- Karluk Manor** 907-375-3272  
 1104 E 5<sup>th</sup> Ave, Anchorage  
*Permanent supportive housing for individuals experiencing homelessness and alcohol use disorder severe. Clients must be beneficiaries of the Alaska Mental Health Trust Authority. Karluk Manor uses a housing first model, meaning sobriety is not required.*
- Lutheran Social Services of Alaska** 907-272-0643  
 1303 W 33<sup>rd</sup> St, Anchorage  
*Transitional housing for single men aged 18 and older experiencing homelessness. Clients must be enrolled and participating in an approved re-entry or substance misuse program and capable of maintaining full time employment.*
- Ma's Way** 907-884-5350  
 3601 Lois Dr, Anchorage / 246 Oklahoma St, Anchorage  
*Supportive housing and sober living for individuals coming out of the criminal justice system, people with serious mental illnesses, and individuals recovering from substance use disorder.*
- New Life Development Inc.** 907-646-2200  
 4455 Juneau St, Anchorage / 3916 E 9<sup>th</sup> Ave, Anchorage  
*Transitional housing and re-entry services for individuals returning from incarceration, inpatient treatment for substance misuse, or have been a victim of domestic violence or other violent crimes.*
- Oxford House**  
 Denali: 6414 Tolhurst Ct, Anchorage 907-677-0408  
 Northern Lights: 538 S Klewin, Anchorage 907-433-0099  
 Yukon: 2721 Juneau St, Anchorage 907-222-0339  
*Sober living facilities for men 18+ who have been sober for six months and are fully employed.*
- Passage House** 907-333-2023  
 755 A St, Anchorage  
*Transitional housing for women ages 17-20 who are expecting or parenting.*
- Rights of Passage** 907-339-4420  
 750 W 5<sup>th</sup> Ave, Anchorage  
*Transitional housing for homeless youth ages 18-22.*
- Safe Harbor** 907-644-8525  
 207 Muldoon Rd, Anchorage  
*Transitional housing for homeless families with children.*

**Sitka Place**

907-868-7373

1905 E 4<sup>th</sup> Ave, Anchorage

*Permanent supportive housing for homeless individuals with serious mental illness.*

**Supportive Services for Veteran Families**

907-222-7331

3710 E 20<sup>th</sup> Ave, Anchorage

*Veteran housing for veterans or members of a veteran household in which the head of household is a veteran, income is below 50% of the area median income, and the individual is homeless or expecting to become homeless.*

**The Pathway Home**

907-729-5020

4501 Diplomacy Dr, Anchorage

*Supportive housing for youth ages 13-18 in need of mental and behavioral health care.*



## **Employment, Education & Training**

### **Access Alaska**

907-248-4777

1217 E 10<sup>th</sup> Ave, Anchorage

*Independent living skills training and acquired traumatic brain injury case management.*

*Individuals with any type of physical or mental impairment that significantly impacts their ability to live independently in the home and community are eligible for services. Information and referral services are available to anyone.*

### **Adult Learning Center**

907-375-6000

2518 E Tudor Rd Suite 109, Anchorage

*High school diploma courses, exam tutoring, computer training, English as a second language classes, naturalization classes, Spanish classes, parenting courses.*

### **Alaska Center for the Blind**

907-248-7770

3903 Taft Dr, Anchorage

*Vocational services and worksite evaluations, orientation and mobility training, assistive technology training, manual skills, the Bright Path Program for youth ages 15-22. Alaskans who are blind or visually impaired are eligible for services and training.*

### **Alaska Commission on Postsecondary Education**

907-269-7980

Dimond Mall, 800 E Dimond Blvd, Anchorage

*Education planning tools and resources, financial aid for college and career training, one-on-one coaching and group workshops with a college and career specialist. The Success Center in the Dimond Mall is open for walk-ins Monday-Thursday 12:00-4:30pm.*

### **Alaska Department of Labor & Workforce Development**

<https://alexsys.dol.alaska.gov/Default.aspx>

*See job postings in Alaska, post a job, get education and training, and receive information on the labor market.*

### **Alaska Department of Labor & Workforce Development Vocational Technical Center**

<https://www.avtec.edu/avtec-program-page>

*Training in a variety of technical and business skills. For a list of programs and application information, visit the website.*

### **Alaska Job Center**

907-269-4759

3301 Eagle St. Suite 101 / 120 Bragaw St. / 1251 Muldoon Rd.

*Workshops on employment after incarceration, interviewing strategies, resume writing, federal applications, computer skills.*

- Alaska Works Partnership** 907-756-4711  
 161 Klevin St, Anchorage  
*Training in construction job skills, including trainings for women and transitioning active-duty military members. For course listings and applications visit the website: [www.alaskaworks.org](http://www.alaskaworks.org).*
- Anchorage Literacy Program** 907-337-1981  
 1345 Rudakof Circle Suite 104, Anchorage  
*Literacy classes for adults and families with young children.*
- Assets, Inc.** 907-279-6617  
 2330 Nichols St, Anchorage  
*Supported living services and employment for adults with disabilities.*
- Cook Inlet Tribal Council Career Development Center** 907-793-3300  
 3600 San Jeronimo Dr, Anchorage  
*Walk-in resource center for Alaska Native people seeking employment or training opportunities. Job search assistance, career assessment, workshops, computers with internet access. Open Monday-Friday 8:00am-5:00pm.*
- Covenant House** 907-272-1255  
 755 A St, Anchorage  
*Career counseling, vocational referrals, internship opportunities, transportation assistance, job search and education workshops, resume and cover letter building, professional clothing provision, employment and college referrals, life skills training. Youth ages 16-24 are eligible for services.*
- Goodwill C Street Job Connections Center** 907-258-0010  
 610 C St, Anchorage  
*Work with a jobs connections coordinator to identify work skills, experience and interests in order to provide job leads in the community. Assistance with application and interview process, access to computers and other office equipment.*
- Job Shop at Loussac Library** 907-343-2975  
 3600 Denali St, Anchorage  
*Homework and testing help, financial aid planning, workforce development resources, skills trainings, assistance filing for unemployment, resume writing. Resources for employment after incarceration, for immigrants and refugees, seniors, and youth. Job Shop is open on Wednesdays 2:00-5:00pm.*

**Nine Star**

907-279-7827

730 I St, Anchorage

*Youth employment services, work services case management, job search assistance, professional development, career advising, GED preparation, English as a second language classes, technology and skills training, placement testing, food budgeting.*

**Parachutes**

907-562-2932

5520 Lake Otis Pkwy. #102, Anchorage

*High school completion assistance, job training program, tutoring, tax filing assistance for youth and teens. Youth ages 13-18 can be in the youth center Tuesday-Friday 2:30-8:00pm and Saturday 2:30-7:00pm.*

**Partners for Progress**

907-272-1192

417 Barrow St, Anchorage

*Support groups, life skills training, goal setting, mentoring, job readiness training, budgeting and money management classes for recently incarcerated individuals. Also provide short-term housing, bus passes and food assistance.*

**Southcentral Foundation RAISE Program**

907-729-5015

4175 Tudor Center Dr. Suite 105, Anchorage

*Summer, winter and graduate program sessions in health-related careers and workplace skills development for Alaska Native and American Indian youth ages 14-19.*